

Turtle Weekly  
Week of October 5, 2020



Happy October! We have started to talk about feelings and how we show them with our bodies. We have talked about things that help our bodies feel better when we are upset, such as taking a deep breath, asking for a break or getting hugs from our families. We will continue talking about emotions next week. A VERY favorite part of our day is going to the soccer and baseball fields! Sometimes we go in small groups and other times we go together as a whole class. We run the bases or run from net to net on the soccer field. We also practice different gross motor activities from different lines on the field, including skipping and marching. At the field, we also go leaf hunting and complete scavenger hunts! Earlier in the week we had the opportunity to watch the lines on the field get repainted. So we stopped to watch and talk through the process; they were mesmerized (photo on the right).

The weather is starting to change and it can be rather chilly on the playground in the mornings. It's not too early to start to pack mittens/gloves and a hat for your child to keep in their backpacks. This way, they have the choice to wear them when needed. Please remember to have your child use the bathroom before coming to the playground in the morning.

Due to the traffic change in the parking lot, we got to hang out with Officer Collins while we were on the playground Friday morning! Turtles loved asking him questions and talking about his police car. On Friday, we also got to celebrate Averie's Birthday!!!



We now have large enough ziplock bags at school to keep rest materials and towels safely at school for the whole week! On the first day of your child's school week please bring a towel and rest things (if they stay for rest). On the last day of their school week, we will send it all home! Please let me or Shayna know if you would rather have your child's rest things and towel continue to be sent home daily.

We hope you have a nice long weekend!  
Ali & Shayna

