

## Turtle Class Weekly Newsletter Week of September 21, 2020

**Dear Turtle Families,**

Here are a couple snapshots of an activity in the Turtle Room this week:



It has been a GREAT start to our school year! All the Turtles are quickly learning our routines and becoming very familiar with our daily schedule! We are spending a lot of time outside on the playground, in the tents and on the field. As the weather changes please continue to send warm gear!

We have been having our circle under the big tent, sitting on our towels. We do a few yoga poses such as tree, downward dog and Lotus. Before heading inside for lunch, we read a story. We are reading books about friends and talking about how Turtles can help to fill each others' buckets rather than to dip them. This idea is a way to teach children that their words and actions can impact the way other people feel or react. For example, you can fill a bucket by using kind words or dip a bucket by whining at friends.

This week we started our journals with a self-portrait. These journals will stay at school till the end of the school year.

Our current favorite activity is painting to music (photos above). Turtles are given watercolors to quietly paint with while music is played. Once the music stops, they each hold up what they have painted to show their friends. As the year progresses, Turtles will be given different mediums to use while listening to music.

We also celebrated Milo's birthday on Thursday with popsicles!

Hope everyone has a good weekend and we look forward to seeing you and your Turtle on Tuesday!

Thanks!

Ali, Shayna and Niki