



September has been a great month in our classroom. The children have become familiar with the classroom routines, their classmates and teachers. Together we have engaged in all kinds of learning through play. Each day, we post our daily activities and circle time information on a whiteboard that is standing at the sign-in book by the parent mailboxes. It even lists special events and our snack. You can use this information as a way to engage in conversation with your child about their day. You are welcome to snap a photo of the board at drop off or pick up.

*Some highlights from **Circle Time** are included here:*

1. [Yoga and Breath](#): A time for everyone to calm their bodies, stretch their muscles, breathe slowly, and rhythmically. Some examples we have tried: "Bunny Breaths", and poses such as: elephant, mountain, monkey, mouse and lotus.
2. [The Whole Body Listening Larry at School](#), written by Kristen Wilson and Elizabeth Sautter. This curriculum component uses a holistic approach to listening with our whole bodies during group time, in conjunction with Michelle Garcia Winner's [Social Thinking](#) curriculum content.
3. [S.T.E.M](#): Sorting animals to match their habitats, and graphing our favorite jungle animal.
4. [Creative Movement, Finger Plays and Music](#): "Hello" song, "The Lion Sleeps Tonight" song, "Five Little Monkeys Swinging in the Tree" fingerplay, and pretending to be animals.
5. [Books Read Aloud](#): [Rumble in the Jungle](#) by G. Andreae, "Walking Through the Jungle" by Barefoot Books, [From Head to Toe](#) by E. Carle, [When the Elephant Walks](#) by K. Kasza and "Animal Boogie" by Barefoot Books.

Thank you to everyone that joined us at Back to School night! Thank you to Vicki Zivyon and Mary Lowder for providing the refreshments for BTS night! Thank you PTO for providing us with the Starbucks drinks and muffins. Thank you to Margot S. and Bethany B. for making our first batches of playdough. Thank you Milo for the delicious popsicles in honor of your birthday. Thank you to Teacher Pat for starting our year off with wonderful music and movement in our classroom.

Please make sure your child has proper outerwear and footwear for the playground. We try to go out every day. As the temperature drops, please check your child's extra clothes bag for long pants and shirts.

Parents are always welcome to come and read to us, or share a special talent. Let us know if you would like a turn.