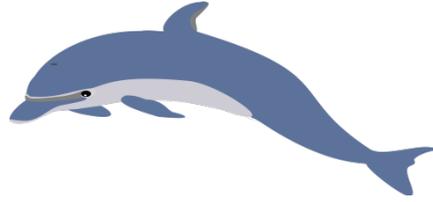


November/December 2019



Dear Dolphin Families,

Welcome to winter! The Dolphins have been having a ton of fun playing outside in the snow. We are working on using our fine motor skills to mold snowballs to throw over the fence toward the trees. Rolling around, running, and falling into the snow piles has been a fun activity, in which they use their gross motor muscles to plow their bodies through the snow. The children are also working very hard to put on all of their snow gear. They sing a song as they go "snow pants, boots, jacket and hat, then your mittens go on last." This helps them to remember the items in a logical order as they get dressed.

Before the snow fell, the Dolphins enjoyed playing a "superhero yoga" game. Pretending to be various superheroes, they belly swung on the swings to then land on their feet and strike a yoga pose. From there, they had to access different areas of the playground to do more movement including climbing up the rock wall, bouncing on the see-saw, and going down the slide. In addition, the Dolphins collaborated in the sandbox to use trucks to dig holes and then added blocks over the holes to create footbridges.

Favorite activities are beginning to emerge in the classroom. They enjoy using Duplos on the floor to create structures and long trains full of passengers. At the art table the Dolphins have a lot of fun with drawing activities. With dry erase boards, colored pencils, markers or crayons, they take their time to draw detailed pictures. Often, children choose a book and invite a friend to the book nook or cozy cube. Together, they look at the pictures, tell the story or ask a teacher to come read with them.

With winter break coming up, the Dolphins can be overheard talking about upcoming family plans or visiting relatives. We hope you have a warm and happy holiday season.

Sincerely,

Shayna, Adrienne, Olivia, Margot, and Sue